

Summer Salad

Ingredients.

Lettuces x 2 shredded

Cucumber x 2 small diced.

Capsicum x 1 diced.

Egg x 4 boiled and diced.

Parsley leaves finely chopped $\frac{1}{2}$ cup

Chives finely chopped.

1. Place eggs in a saucepan, fill with water. Place on high heat and boil for 5 minutes. Drain (adult) then run cold water over the eggs. Shell and chop into small pieces.

2. Wash all vegetables, then chop as directed.

3. Place all ingredients into one large bowl, then place into 2 bowls.

4. In a small bowl add

2 teaspoons of mustard

1 teaspoon of balsamic

1 cup of yoghurt

1 lemon squeezed

2 teaspoons of honey.

4. Whisk all together and pour dressing over salad.