

Rhubarb & Chicory Salad

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Ingredients

3 stalks of rhubarb, chopped finely
endive or chicory
red vein sorrell * lettuce
Beet leaves, sliced
2 garlic cloves
1 tablespoon chopped parsley

Dressing

1 tablespoon honey
2 tablespoons lemon juice
3 tablespoons olive oil
Salt and pepper.

Method

1. Whisk the honey into lemon juice and slowly drizzle oil into it. Continue whisking until it has thickened. Add the minced garlic, the chopped rhubarb (it should be tiny) and parsley.

2. Wash and cut the chicory leaves into matchsticks (thin strips). Slice the other salad leaves into half. Wash and cut the lettuce.

3. In a large bowl put all the salad ingredients into with the dressing, toss together and season with salt and pepper if you haven't already added to the dressing.

Serve.