

RAITA

- 500g natural yoghurt
- 1 small bunch chives
- 1 cucumber
- 1 small bunch mint
- 1 tbsp raw sugar / honey .
- 1 tsp ground cumin
- salt
- pepper

1. Wash & finely chop chives.
2. Wash & finely chop mint.
3. Wash & finely chop cucumber.
4. Mix yoghurt and herbs in a small bowl, add salt, pepper, sugar and cumin for taste, serve in 2 small bowls
5. Refrigerate until ready to serve