Pumpkin Fritters



5 from 3 votes

Pumpkin fritters made with fresh pumpkin, Parmesan cheese, and herbs. These crispy fritters are pan-fried in a little oil until hot and crispy.

Prep Time	Cook Time	Total Time
20 mins	10 mins	30 mins

Course: Appetizer, Main Dish, Side Dish Cuisine: American Diet: Vegetarian

Servings: 12 fritters Calories: 95kcal Author: Rosemary Molloy

Ingredients

- 4 cups grated squash (I used butternut squash)
- 1 onion (chopped)
- 2 large egg
- 0.5 cup all purpose flour
- 0.5 cup freshly grated parmesan cheese
- 0.5 teaspoon salt (or to taste)
- 2-4 dashes hot pepper flakes or black pepper
- 1-2 teaspoon parsley (½-1 tablespoon fresh chopped)
- 2-4 tablespoons olive oil

Instructions

- 1. Grate the raw pumpkin and pat dry, place it in a medium bowl, add the chopped onion, egg, parmesan cheese, flour, salt, pepper and parsley. Mix well, form in to patties or drop by spoonfuls and lightly flatten with the back of the spoon. (I made 6).
- 2. In a medium frying pan add the olive oil and fry the patties or spoonfuls 3 at a time, until browned on both sides. Move to a paper towel lined plate and serve immediately. Enjoy!

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