

# DREAM WEAVER



NATURE INSPIRED...  
MOVEMENT. MINDFULNESS & ART  
FOR 8 - 11 YEAR OLDS

LEARNING ABOUT THE ART OF SELF CARE  
THROUGH MOTHER NATURES WAYS,  
MOVEMENT, MINDFULNESS & CREATIVITY

Providing life enriching resources &  
tools to support children to navigate  
life in an embodied & empowered way.

**About the Facilitator:** Kate is a holistic Wellbeing Coach for children, who entwines the wonders of mother nature with somatically led creative play programs that intend to support children **build a sense of awareness regulate emotions and enhance capacity**, while fostering a deeper sense of connection with themselves, their loved ones & the earth. She has a BA in Applied Science PE/Human Movement with electives in early childhood development, psychology and dance and is passionate about sharing the therapeutic effects of nature's seasons and cycles on children's health and wellbeing.

TERM 2:  
(6 SESSIONS)  
TUESDAYS IN THE  
ELWOOD PRIMARY  
WELLNESS SPACE

STARTS TUESDAY  
29 APRIL 2025 (6 WEEKS)  
3.45PM - 5PM

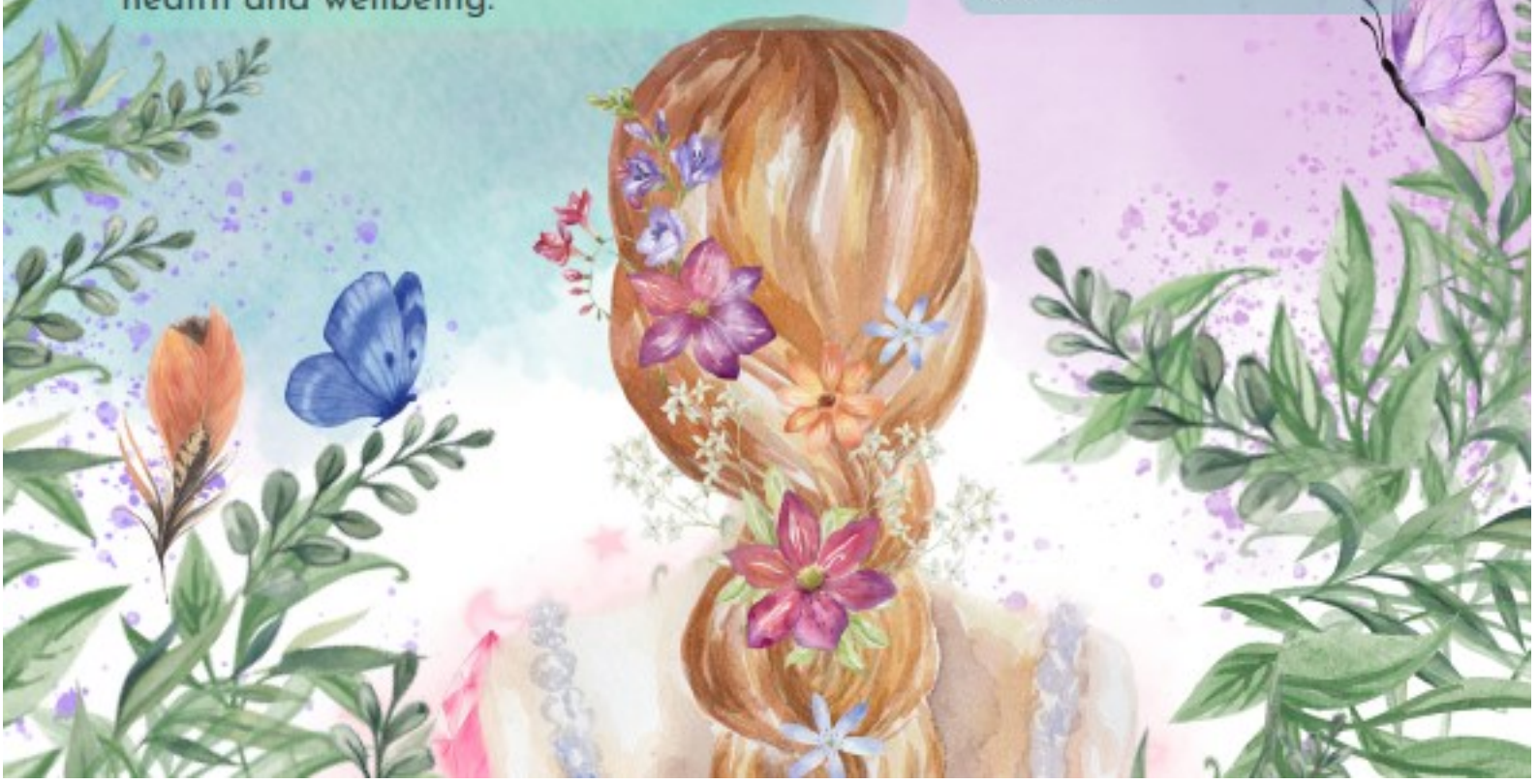
EMAIL KATE ALLEN [A1]  
THENURTURETEMPLE@ICLOUD.COM

AND VISIT THE WEBSITE FOR  
MORE DETAILS  
WWW.THENURTURETEMPLE.COM

COST: \$165  
(6 SESSIONS)



T&C'S APPLY





# BUTTERFLY DREAMER

NATURE INSPIRED...  
MOVEMENT. MINDFULNESS & ART  
FOR PREPS & GRADE 1

LEARNING & GROWING THROUGH  
MOTHER NATURE'S WAYS, MOVEMENT &  
CREATIVE PLAY.

Providing life enriching resources &  
tools to support children to navigate  
life in an embodied & empowered way.

**About the Facilitator:** Kate is a wholistic Wellbeing Coach for children, who entwines the wonders of nature with somatically led creative play programs that intend to support children **regulate their emotions, build capacity, enhance imagination**, while fostering a deeper sense of connection with themselves, their loved ones & the earth. She has a BA in Applied Science PE/Human Movement with electives in early childhood development, psychology and dance and is passionate about sharing the therapeutic effects of nature's seasons and cycles on children's health and wellbeing.

TERM 2:  
(6 SESSIONS)  
MONDAY IN THE ELWOOD  
PRIMARY WELLNESS  
SPACE

STARTS MONDAY  
28 APRIL - 2 JUNE (6 WEEKS)  
3.45PM - 5PM

EMAIL KATE ALLEN (AT)  
THE NURTURE TEMPLE@ICLOUD.COM

AND VISIT THE WEBSITE FOR  
MORE DETAILS  
WWW.THENURTURETEMPLE.COM

COST: \$165  
(6 SESSIONS)

T&C'S APPLY





# Learn music

here at school

**Give Your Child the Gift of Music**

Come and join in the fun of learning to play Piano, Keyboard, Guitar or Drums here at Elwood Primary School.

Creative Music for Schools conducts a music program here at school each week.

Small group classes or one-to-one lessons of up to 30 minutes give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Enrolments are now being accepted for limited places in term 2.

Interested parents should call Nicholas during office hours on 9818 2333 or email [nicholas@creativemusic.com.au](mailto:nicholas@creativemusic.com.au)





**ENROL  
NOW**

**Term 2 enrolments open**

Join us for our film & script writing  
Holiday Program

April 7<sup>th</sup> & 8<sup>th</sup>

Strictly LIMITED places.

**Book NOW:**

<https://buy.stripe.com/6oEq0l6oO2fd3p6cN2>

**Elwood Primary Term 2**

**When: Monday Lunch 1.40pm – 2:30 pm**

**Where: The Hall**




With each session, our talented facilitators guide your child to explore their natural talents for drama, creativity, and play.

We are committed to developing the whole child- creatively, emotionally & socially. Join our classes for term 4 and see your child's confidence grow!

To enrol simply register online:

**academetime.com**  
**mika@academetime.com**

Contact Mikhaela:

**0422 779 745**   



# ELWOOD PS



CALLING  
ALL PREP TO  
GRADE 4  
STUDENTS  
WANTING  
TO HAVE  
HEAPS  
OF FUN!!

## Soccer

**Tuesdays Afterschool  
3:40pm - 4:40pm**

**Starting 29/4/25  
Finishing 1/7/25**

## Multi Sport FUN!

**Wednesdays Afterschool  
3:40pm - 4:40pm**

**Starting 30/4/25  
Finishing 2/7/25**

**\$21 PER WEEK**

**Sign up at anytime & only pay for the weeks remaining in the term!**

These sessions are capped, so book in quick to ensure your spot!

- ✓ Footy
- ✓ Basketball
- ✓ Crazy games
- ✓ Soccer
- ✓ Hockey

Cody Remmington

[cody@kellysports.com.au](mailto:cody@kellysports.com.au)

0413 930 218



**KELLY  
SPORTS**



**BOOK NOW**

 **KELLYSPORTS.COM.AU**

# Kids Unlimited

Extra Curricular Activities at

## Elwood PS



### ANIMATION

- ✓ Mon, 3:30 - 4:30 pm
- ✓ Starts on 28 April
- ✓ \$220 for 8 sessions
- ✓ For Years 4-6
- ✓ Room: Library



**NEW!**

### CODING

- ✓ Tue, 3:30 - 4:30 am
- ✓ Starts on 29 April
- ✓ \$220 for 8 sessions
- ✓ For Years 2-6
- ✓ Room: Library



### CHESS

- ✓ Thu, 8:00 - 8:55 am
- ✓ Starts on 1 May
- ✓ \$210 for 8 sessions
- ✓ For Preps - Year 6
- ✓ Room: Library

CHILDREN GET TO KEEP THE ELECTRONICS KIT AT THE END OF THE TERM



### ELECTRONICS

- ✓ Thu, 3:30 - 4:30 pm
- ✓ Starts on 1 May
- ✓ \$230 for 8 sessions
- ✓ For Preps - Year 4
- ✓ Room: Junior School Art space in the JLC (Junior Learning Centre)

## TRIALS AVAILABLE!

PLEASE CALL OR EMAIL TO BOOK ONE IN

## ENROL ONLINE NOW!

1300 424 377  
INFO@KIDSUNLIMITED.COM.AU

Scan or click the QR code to enrol online!



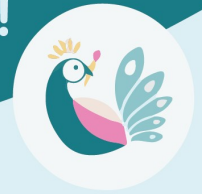


**ART SMART**

Now runs at your school!

# AFTER-SCHOOL ART PROGRAM AT YOUR SCHOOL!

First class is FREE!



Every Wednesday 3:45pm - 5:00pm at the Art Room  
Elwood Primary school

Call: 0415 039 791

OR

Book online: <https://www.artea.com.au/book-online/>

Unlock your child's creative potential with Art Smart!  
Our After-school Art Program is the perfect haven for young  
artists to explore their talents, express themselves and have  
lots of fun!

Clay  
Drawing  
Painting  
Sculpture  
Mixed Media



- Runs in 16 schools around VIC.
- Led by professional artists in 16 schools and counting.
- 15 years of experience.

**Artea**  
www.artea.com.au

ART SCHOOL

## LEGO-BASED ROBOTICS AND ENGINEERING CLASSES - ELWOOD PRIMARY

Build Lego machines and watch them come to life!

Time	Venue	Cost
Every Tuesday 29 April – 17 June 2025 3:30PM-5:00PM	Art Room	\$235 per term OR Pay \$88 for 3-week trial

### For Preps - Year 1 - Lego Bricks Challenge:



Students will learn:

- Engineering and Mechanics
- Problem solving and team work
- Electronics and 3D Design thinking
- Introduction to high school physics
- Solving structural challenges
- To build motorised Lego models using gears, pulleys, beams & more!

### For Year 2 - Year 6: Robo Bricks – Lego Robotics



Students will learn:

- Designing and building mechanical robots
- Programming the robot to perform different tasks
- Algorithmic and logical thinking skills
- Problem solving and team work
- Electronics and 3d Design thinking
- To use sensors and motors to help their robots understand and respond to environmental changes and inputs.

Learn more at: <https://melbsouth.young-engineers.com.au/registration/>

Contact: 0478-534-693

Email: [melbsouth@young-engineers.com.au](mailto:melbsouth@young-engineers.com.au)



Elwood Student only  
Junior - Intermediate  
Dance School  
Program 🌟

## RISE UP DANCE ACADEMY

**REGISTER NOW  
TERM 2!**



FREE  
TRIAL

JAZZ / LYRICAL JAZZ / STRETCH / CO-  
ORDINATION / PERFORMANCE !!

TUESDAYS | THURS | FRIDAY LUNCHTIMES

PREPS/GRADE 1,2,3,4,5

"SCHOOL HOLIDAY DANCE PROGRAM!"

COMMENCING TERM 2 !!!

CONTACT US:

📞 0407 567 525



LEISA.RISEUPDANCE@GMAIL.COM

🌐 WWW.RISEUPDANCE.COM.AU

FOLLOW US ON SOCIAL MEDIA:

RISEUPDANCEACADEMY\_MISSLEISA

:





SOUTH *Side* PIANO  
STEPHANIE VEBER

## PIANO LESSONS

I am a piano teacher with over 10 years experience. My aim is to instill in each of my students a love of many genres of music and a solid musical education which gives them the foundation for completing exams or simply learning for pleasure!

Please visit my website and instagram for more information about my teaching philosophies.

Phone: 0468 735 326

Web: [www.southsidepiano.com](http://www.southsidepiano.com)

Email: [info@southsidepiano.com](mailto:info@southsidepiano.com)

Instagram: [@southsidepiano](https://www.instagram.com/southsidepiano)



# SINGING, GUITAR, BASS & UKULELE LESSONS

AT ELWOOD PRIMARY SCHOOL



**We play, we sing, we perform.**  
**All ages welcome.**

**- FREE TRIAL LESSON -**

**We offer tuition in groups of  
two or solo lessons**



**Sign up for lessons now by emailing me**  
**[liamgerner@ukulelesongschool.com](mailto:liamgerner@ukulelesongschool.com)**

**Enrolment form link:** <https://forms.gle/4L7mtw6Mtqb3ctbS9>

SIT  
SIT  
SIT







**Urban Adventurers**

Building resilience and connection to ecosystems

## Calling all adventurous kids!

**Elwood Term 2 Afterschool Program:**

**Free trial – 28th April 2025**

28th April to 30th June

Mondays at 3:30pm

- *Nature-based play*
- *Disconnect from screens*
- *Learn about local plants and animals*
- *Expert educators*
- *Forest school inspired*

**Scan to  
Enrol:**







## AFTERSCHOOL YOGA & MEDITATION . TERM 2 EPS WELLNESS SPACE . WEDNESDAYS



Each week we will embark on a yoga journey incorporating breathing, mindful movement & poses to activate the chakras (energy centres) in the body plus learn how to meditate and quieten the mind. Classes will be fun (including games) yet focussed, energised yet relaxing, as yoga is about bringing balance back to the body and mind.

Research has shown that yoga can improve focus, memory and self-esteem, and even reduce anxiety and help to settle the nervous system.

**'Changing the World one mini-mind at a time!'**

Claire is a passionate kids yoga and meditation teacher and mum to two of her own Young Yogis. She became a yoga enthusiast after becoming a parent and found these to be such powerful tools to help alleviate stress and to stay healthy in both body and mind that she decided she just had to pass them onto future generations. Hence, she qualified to teach with Rainbow Kids Yoga in 2016 and has loved spreading the joy of yoga and meditation ever since!

**Term 4 (10 Sessions) Wednesdays in the Wellness Space**  
Starting on 30th April 3.45-5pm for 10 weeks. \$250 per term  
Sibling discount available (\$50 off per sibling)

**Bookings via:**

Claire Bednall 'Young Yogis' 0468414876 [Clairebednall@gmail.com](mailto:Clairebednall@gmail.com)  
<https://www.facebook.com/YoungYogisOZ>