

Morrocan Pumpkin Salad

Season: All

Serves: 30 serves

Fresh from the garden: pumpkin, garlic, lemon, mixed herbs, onion, curry leaves

A different way to enjoy your pumpkin, with a mild spice and curry flavour from the fresh curry leaves, caramelised red onion petals add a smoky sweetness that lends itself to the warm Morrocan taste. Dried cranberries can be used when Pomegranate isn't available.

Equipment:

metric measuring scales and spoons

clean tea towels

chopping board

cook's knife

fine grater

zester

fork

large mixing bowl

2 baking trays

2 large salad bowls

large pot of boiling water

Ingredients:

For the dressing:

1/2 Lemon, zested & juice

1/2 cup olive oil

1 tsp Dijon mustard

salt and pepper

4 Tbsp apple cider vinegar

For the salad:

2 cups cous cous (the giant variety)

600g Pumpkin, peeled and diced

1 red onion, cut into quarters and roasted

2 garlic cloves, crushed

6-10 Kale leaves, stems removed

1 tbsp olive oil, for frying

3 Tbs curry leaves, chopped

1/2 cup cranberries

zest of a lemon

1 handful of mixed coriander, and mint

leaves, picked & finely chopped

salt and pepper, to taste

What to do:

- 1. Preheat the oven to 180°C.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.

Bake the pumpkin: Cut into smaller pieces to remove the skin with a knife. Dice into 2cm squares, coat with 1 Tbsp olive oil and place onto the tray along with onion. Bake for 15-20 mins or until a fork is inserted easily.



To prepare the salad:

- % Wash the herbs. Spin dry, pick leaves and chop finely.
- 2. Wash the lettuce leaves and repeat spinning process. Cut into large bite size pieces and set aside.
- "Bring the pot of water to the boil and Wc_cousWus Zcf a]bg"HYghZcf hYbXYfbYgg
- (" Wash and remove stems from Kale, roughly chop leaves and compost stems.
-)" Add the kale and curry leaves to the pan and stir to coat the leaves in oil. Sauté for another 5 minutes. Add garlic in & fry for another 2–3 minutes.
- +" Remove from heat and allow to cool.

To assemble:

- 1. In a large mixing bowl add the couscous, cooked kale, chopped herbs, cranberries and stir in half the dressing, mixing well.
- 2. On a large platter spread out the lettuce leaves and top with couscous salad.
- 3. Toss the pumpkin in the remaining dressing.
- 4. Spread the pumpkin pieces over the salad.
- 5. Serve.





- 11. Cover the dough with tea towels to avoid it drying out.
- 12. Clean the pasta machine by brushing it with a dry pastry brush. Tip it upside down to get any dried bits of pasta out. **Never** wash your pasta machine with water as the rollers will rust.

To assemble the ravioli:

- 1. Lay out your pasta sheets. Think about how many ravioli you need to make with each sheet, for at least one ravioli parcel per diner. You will need a bottom sheet and a top sheet, and you will lay out your filling in two rows per sheet.
- 2. Spoon teaspoon-sized dollops of your filling in two rows along half the pasta sheets.
- 3. With your fingers, brush water around each dollop. Then lay another piece of pasta over the top.
- 4. Gently press your fingers along the edge of each dollop, bringing the sheets of pasta together and pressing the air out.
- 5. Cut through the middle and the sides of the pasta to create little ravioli parcels. Seal the edges of each parcel by pressing down with the fork.
- 6. Sit the parcels on a floured tray until you are ready to cook them.
- 7. Place the ravioli in the large pot of boiling water and simmer for about 5 minutes, until tender.
- 8. Spoon the ravioli into your serving dishes in a single layer (you may need multiple baking dishes) and spoon over the sauce.
- 9. Keep warm in the oven on a low heat until ready to serve.
- 10. Serve with finely grated parmesan.

