

LEAFY SALAD & SWEET YOGHURT DRESSING

DRESSING:

- $\frac{1}{4}$ ^{cup} olive oil
- 4 tbsp white balsamic vinegar
- 1 cup yoghurt
- 2 cloves garlic
- 2 tsp sugar
- 1 tsp salt
- 1 tsp paprika
- pepper

SALAD:

- 2 lg handfuls salad mix
- + ?

1. Wash lettuce thoroughly, then spin in the lettuce spinner. Once dry gently tear into smaller pieces.
2. Finely chop garlic cloves.
3. Measure all ingredients and place into a screw top jar.
4. Shake well, then dress salad just before serving.

Also add items
from the garden
which are available
eg ~~peas~~ snowpeas
bro and beans
mint or other herbs