

# LEAFY SALAD & SWEET YOGHURT DRESSING

## DRESSING:

- 1/4 olive oil
- 4 tbsp white balsamic vinegar
- 1 cup yoghurt
- 2 cloves garlic
- 2 tsp sugar
- 1 tsp salt
- 1 tsp paprika
- pepper

## SALAD:

- 2 lg handfuls salad mix

1. Wash lettuce thoroughly, then spin in the lettuce spinner. Once dry gently tear into smaller pieces.
2. Finely chop garlic cloves.
3. Measure all ingredients and place into a screw top jar.
4. Shake well, then dress salad just before serving.

add also:

olives

celery.

red capsicum

green beans.

NO NUTS.