

Kale and ricotta gnocchi

Ingredients

400 grams of chopped tomatoes

1 large onion finely chopped

2 tablespoons of extra virgin olive oil

2 tablespoons of balsamic vinegar

2 cups of vegetable stock

2 cloves of garlic crushed

Sea salt and cracked pepper

1 tablespoon of extra virgin olive oil

1/4 cup of finely grated Parmesan

I handful of basil leaves or parsley

Kale and cheese gnocchi 3 cups of shredded kale or greens (Pine) 1 cup of grated Parmesan 500 grams of ricotta 100 grams of mozzarella 2/3 cups of plain flour

Method

****Preheat oven to 200 degrees Celsius

*** Place a large saucepan of water on to beil-

***To make the gnocchi place the kale in a medium bowl and carefully cover with boiling water and set aside for 5 minutes. Drain and squeeze out excess liquid by putting the kale in a colander over a bowl and push down on a wooden spoon.

****Place drained kale, Parmesan, ricotta mozzarella and flour into a large bowl. Season with salt and pepper and mix to combine.

****Now make your tomato sauce

***Place olive oil, chopped onion, garlic into a pan and sauté for a few minutes.

***Then add tomatoes, vinegar,stock,salt and pepper and bring to the boil then simmer away.

***Divide mixture into as many people in your groups.

**** Clean down your whole table so you can roll your gnocchi

****Place just a sprinkling of flour in front of each child ready for them to roll their gnocchi. ****Roll your gnocchi out and cut into 3 cm pieces place onto platters lined with baking paper

***Place the tomato sauce into 2 large baking trays, place the gnocchi into the tray and cover with cheese.

*** Cook until heated through

*** Serve immediately onto individual plates.