

Hummus

1 can chickpeas

$\frac{1}{2}$ cup basil leaves

$\frac{1}{2}$ cup parsley leaves

2 tbs olive oil

1 clove garlic

$\frac{1}{3}$ cup tahini

juice of 1 lemon or lime

Blend all ingredients together and
plate in 2 small bowls to serve
with flatbread for our 2 tables.