

Harvest Salad (Serves 4)

Ingredients

Greens:

- 2 cups lettuce, torn
- 1½ cups rocket
- 1 cup radicchio (or similar bitter leaves), shredded
- 1 cup mizuna
- 1 cup mibuna
- 2 spring onions, thinly sliced
- 2 tbsp chives, finely chopped

Veg & Additions:

- ½ cup pickled turnips, thinly sliced
- 1 cup sugar snap peas, halved
- Juice of ½ lemon + zest of 1 lemon

Sweet Touch:

- Segments from 1 large orange, chopped
- (Optional) ¼ cup pomegranate seeds or 2 tsp maple syrup

Orange Dressing

Orange Dressing:

- Juice of 1 orange
- 1 tsp orange zest
- 1 tbsp lemon juice
- 1 tsp honey or maple syrup
- 1 tsp Dijon mustard
- 3 tbsp olive oil
- Salt & pepper to taste

Method

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1. Combine all salad ingredients in a large bowl.
2. Mix dressing ingredients in a small bowl or jar and shake/whisk well.
3. Drizzle over salad just before serving.
4. Toss gently and serve.