

CIPE

Favourite green salad.

INGREDIENTS

3 handfuls of
rocket.

2 granny
smith apples

1 cup dried
fruit leather

• handful of
pepitas

bunch of sliced
radishes

bunch of
chopped mint

1/3 cup chopped
fetta

PREP TIME

SERVES

TEMPERATURE

- ☐ WEEKNIGHT MEAL
- ☐ DINNER PARTY
- ☐ DELICIOUS BREAKFAST
- ☐ PERFECT FOR LUNCH
- ☐ SLOW COOKING
- ☐

METHOD

1. Toast the pepitas in a medium size frying pan with 1 tablespoon of olive oil; until golden, constantly stirring. Set aside in a small bowl
2. In a small jar make the dressing
 - 1/2 cup of olive oil
 - 3 tablespoons of apple cider vinegar
 - 3 teaspoons of honey
 - 1 teaspoon mustard
 - salt and pepper.
3. Place rocket into 2 large bowls
Slice your apples and add to rocket
Chop or break up your leather and

add to the salad.

Crumble your cheese on the top,

sprinkle the pepitas, and your radishes

Drizzle the salad with just enough
dressing to coat the leaves.

Gently toss, then serve.