Crunchy Apple and Celery Salad with Sunflower seeds

**Ingredients**

4 green apples (cut into matchsticks)

3 stems celery

4 cups lettuce, leaves picked and washed

60g sunflower seeds, toasted

2 spring onions

2 cups spinach, washed

2 cups rocket, washed

3 radish, sliced finely (or matchstick)

*Dressing*

50ml olive oil

50ml apple cider vinegar

35g honey (1.5 Tbsp)

½ tsp Salt

Method

1. Make the dressing, mix the olive oil, vinegar, honey and salt
2. Wash all the greens and leafy veggies. Spin them dry. Combine all prepared ingredients and dress with the dressing. Dish into 2 large bowls and top with the toasted seeds.
3. Serve!