

Crunchy Apple + Fennel Salad with Honey and Seeds.

- 2 granny smith apples, cut into matchsticks
- 2 fennel bulbs, shaved or shredded.
- 60g pumpkin or sunflower seeds
- 50g olive oil
- 50g apple cider vinegar
- 35g honey
- pinch of salt
- handful of rocket, roughly chopped
- handful of mint, chopped
- lettuce, shredded

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* Combine all prepared ingredients into 2 large bowls.

→ Prepare dressing, mixing olive oil, vinegar, honey and salt.

* Dress salad with dressing