

carrot top pesto.

50g baby carrot tops, finely chopped.

large bunch of mint, finely chopped.

2 crushed garlic.

1/4 cup grated parmesan

sea salt

pepper

150 ml extra virgin olive oil

handful chopped chives.

1/4 cup pumpkin seeds or sunflower seeds.

Add all ingredients except olive oil into food processor
Pulse until well chopped. slowly add the oil
then mix through.

Place in a small bowl, serve with crunchy
bread, crackers, roasted carrots or crudities

