SAKG Elwood Primary School



Oven-baked Spring Rolls

inaredients:

- · 4 tbsp sunflower oil, plus 1 tbsp to brush spring rolls
- 2 garlic clove, peeled and finely chopped
- · 4 cm knob of ginger, finely chopped
- 6 spring onions, finely chopped
- 1/2 Chinese cabbage, finely shredded and chopped
- · 2 carrot, julienned
- · 2 stalk of celery, finely dicer
- · 4 tsp light soy sauce
- 2 tsp sugar
- · 1/2 tsp salt
- · 1 tsp white pepper
- · 3 tbsp oyster sauce
- · 2 tbsp cornflour
- 2 packet of spring roll wrappers
- 1 large handful of coriander, finely chopped

Method:

- 1. Preheat the oven to 180C
- 2. Prepare all of the ingredients based on the instructions in the ingredients list
- 3. Place the wok over high heat
- Add oil to the wok with the garlic, ginger and spring onions and stir for 30 seconds
- Add the cabbage, carrot and celery and continue to cook for a further 3 minutes
- 6. Add the soy sauce, sugar, salt, pepper, oyster sauce and cornflour, cook for a further 2 minutes.
- 7. Transfer the mix to a large bowl and allow to cool for 5 minutes
- 8. Place a spring roll wrapper on the bench and add a spoonful of filling diagonally across it.
- 9. Brush the sides with water to help seal the rolls
- 10. Fold the corner closest to you over the filling, then fold it each side. Roll up firmly to enclose the filling
- 11. Repeat this process until all the wrappers are used
- 12. Place the spring rolls on the baking tray, with gaps in between them so they can brown all over.
- 12 Bruch each roll with a little cunflower oil

- 14. Bake for 20 minutes
- 15. Sprinkle with coriander and serve with Dipping Sauce

Notes

Wash and dry lettuce leaves then use as a wrap for your spring rolls.