SAKG Elwood Primary School



Noodle Mountain

Ingredients:

- 300g dried egg noodles
- · 6 tbsp vegetable oil
- · 3 onions, thinly sliced
- 1 Chinese cabbage, shredded

Sweet chilli-coconut dressing

- 1 cup sweet chilli sauce
- Juice of 2 limes
- · 4 garlic cloves, chopped
- · 6cm fresh ginger
- 1/2 chillies, finely chopped
- · 250g beansprouts
- 1/2 coconut milk/coconut cream

Method:

- Cook the noodles according to the packet instructions, drain and transfer to a bowl of cold water until needed.
- Heat oil in a wok and add garlic, ginger, onions and chillies. Cook over medium heat for 5 minutes until softened. Add the cabbage and beansprouts and stir briefly.
- 3. Drain the noodles well and add to the wok. Toss with two large spoons.
- Whisk together the ingredients for the sweet chilli and coconut dressing. Pour over the noodles and toss to combine. Serve immediately.

Notes

Instead of beansprout add a small handful of mungbeans and snow pea shoots. Add shredded book choy to the pan after the cabbage. Sprinkle with finely chopped coriander.