

LEAFY SALAD & SWEET YOGHURT DRESSING

DRESSING:

- $\frac{1}{4}$ ^{cup} olive oil
- 4 tbsp white balsamic vinegar
- 1 cup yoghurt
- 2 cloves garlic
- 2 tsp sugar
- 1 tsp salt
- 1 tsp paprika
- pepper

SALAD:

- 2 lg handfuls salad mix
- + ?

1. Wash lettuce thoroughly, then spin in the lettuce spinner. Once dry gently tear into smaller pieces.
2. Finely chop garlic cloves.
3. Measure all ingredients and place into a screw top jar.
4. Shake well, then dress salad just before serving.

extras

- 1) * Slice radishes thinly and add to the salad.

extras

- 2) Place beetroots on a piece of foil with salt and olive oil. Wrap up and cook for 30 minutes or until soft. Slice and add to the salad.
- 3) Add 6 boiled eggs, peeled and sliced.