



www.elwoodprimary.vic.edu.au

Phone 9531 2762



Community Link

To book an EPS Market Stall visit
www.trybooking.com/333813

Volume 13-18
05 Sep 2018

Please Note!

Thursday 6 September
Prep S & Prep R
Collingwood Children Farm

Friday 7 September
Prep C, Prep J & Prep M
Collingwood Children Farm
Grade 5/6 Sport

Monday 10 September
Assembly Grade 3/4 Choir performing

Tuesday 11 September
String Ensemble JLC

Thursday 12 September
Grade 6 City Excursion

Friday 14 September
Grade 5/6 Sport

Tuesday 18 September
Grade 5 Bike Ed

Wednesday 19 September
Grade 5 Bike Ed

Friday 21 September
End Term 3

Monday 8 October
Start Term 4
Grade 3 Camp (Mon-Wed)
Assembly—no performance

Wed 10 October—Thurs 11 October
Grade 6 Production, Phoenix Theatre 7pm

Friday 21 September
End of Term 3
2.30pm Finish

Monday 8 October
Start of Term 4
& Grade 3 Camp

Market News

September Elwood Community Market - Spring Has Sprung

Spring officially sprung on Saturday at the market. The sun stayed out until almost the end of the day. The market was full of music and atmosphere.

The kids market stall section (in front of the JLC) is still going strong with many budding business people and philanthropists selling their wares and giving to charity. Bookings are open for the November market. There is limited space with forms available from the front office.

Thank you to all of the local businesses who generously support our market each month.

This month we thank Lamaro's Hotel and Dimattina Coffee for their generous support and coffee sponsorship for this market.

2018 Elwood Community Market Dates

We have two giant markets left for the year in November and December. Preps are rostered on for the next market: November 3rd. Grade 2s for the December 1st Christmas Market

Please offer up two hours of your time (even if it's not your year level) to bake or help on a stall. The big markets need all hands on deck.

To volunteer, please head to <http://www.elwoodmarket.com/volunteer>

Money raised from the Elwood Community Market funds projects at Elwood Primary School. The September market raised just over \$4,000.

If you'd like to book a stall for the November Market, please click here: <https://www.trybooking.com/book/sessions?eid=333813>

If you want to keep social between markets, follow us on Facebook: www.facebook.com/elwoodcommunitymarket/Elwood See you all on Saturday, November 3rd where we continue to celebrate Spring.

Dani Carey

**SAVE THE DATE: HUB ART SHOW - "NEXUS" -
THURSDAY 25 OCTOBER**

Kid's Mini Market

First day of spring and the Gods smiled down, with lovely sunny weather for the kids September mini market . Trade was brisk in handmade dog treats, string bracelets , slime, stamps, kids toys + games and keep cups! Charities represented included RSPCA, St Kilda City Junior Footy Club, Cancer and Aust Conservation Foundation. Well done again to our great EPS kids for their initiative , ideas, and joy all round on the steps of the JLC . Book your stall now for the November market! Forms at the front office.

Barb Dight

Student Updates Grade 5

An important role in any school is maintaining Student Information. This happens once a year for every student via their year level. Grade 5 were sent home recently. Please return as soon as possible. Please note your child's Victorian Student Number (VSN) is printed on the update. You may need this number when applying for secondary schools. The VSN stays with each student through tertiary education up to the age of 25. If you have any questions contact the school office on 9531 2762

Mobile Phones

In 3C we have been learning about e-waste. 3C are helping to stop e-waste because it's destroying our Earth. Did you know that Australia is making 700,000 tonnes of e-waste a year and the world is making 50 million tonnes of e-waste a year!

We are asking that you bring your old phones in to Elwood Primary School instead of putting the phone and all its precious metals into the bin. There will be a box in the office for mobiles, mobile cords and internet modems. The box is available until the end of the term. GET YOUR OLD MOBILE PHONES OUT OF YOUR HOMES!

Love Christmas? Love Community? Love Connection?

Help us to make Lakeside Community Carols happen on 6th Decemeber 2018. Held at Lakeside Stadium at MSAC and supporting the fundraising efforts of St Kilda Mums, we need your help to generate seed funding (via a pozible campaign) to get this community event off the ground.

The inspirations for this event are:

1. Community - There's currently no community Christmas Carols held in the whole of the City of Port Phillip. Our neighboring municipalities have community carols (namely Stonnington and Bayside)

and we would like to bring OUR community together in a secular setting to celebrate both this wonderful time of year and our beautiful Port Phillip family.

2. Charity - We have chosen St Kilda Mums as our charity partner and all profit from the event will go to supporting their work around both the City of Port Phillip and the broader community. Please go to stkildamums.org for more information about this wonderful charity. The motivation to support St Kilda Mums is to honour my mum's passion for women, mothers and families - especially at Christmas

3. Connection - We are in a global crisis of disconnection, levels of loneliness are rising and if we have the opportunity to bring people together for shared meaningful experiences, we must. As humans we are wired for connection, we thrive on it and bringing people together to celebrate the holiday season will nourish and support all of us.

So, please go to this link and donate your little hearts out!!

<https://www.pozible.com/project/lakeside-carols-2018-1>

"Like" our Facebook page "Lakeside Carols" to be kept up to date regarding our fundraising efforts and all the news regarding our musical line-up and special guests booked for the event!

We are also looking for **corporate sponsors** so if you know of any organisations looking to reach 1-2000 City of Port Phillip residents with thier brand message - send them my way!

Liv Downing (APPS Parent)

olivia@livmindfully.com or 0415 216 226

Brighton Little Athletics

Brighton Little Athletics will be commencing their program in October on Saturdays from 8.30 - 11.00am through to March. They will be holding their Open Days on Saturday 15 and 29 September at 9.00am. Their first competition day will be Saturday 6 October. They are also offering free coaching with professional athletes. For more information contact Kelvin, BLAC Registrar at blac63registrar@gmail.com or visit the website at www.brightonlitleaths.com

Volunteer Host Families Needed

World Education Program is an Australian not-for-profit organisation that seeks to further cultural understanding by placing overseas high schoolers with volunteer Australian host families for months or a semester.

For more info, go to <https://wep.org.au/wp-content/uploads/flyerforyournewsletter-1.pdf>

Elwood Learning Hub Links

Poet's Grove Children's Centre :

<http://www.poetsgrove.com/home> and follow link to newsletter

Elwood College : <http://www.elwood.vic.edu.au/>

Elwood College's Buildings and Grounds Development

Elwood College has opened their new spaces and all is looking fantastic. They are currently working on developing their grounds space and are applying for a state government grant to grow an edible Community Art Garden and further develop their outdoor sports courts, through Pick My Project. You can help support Elwood College by voting for their two projects. Please vote at www.pickmyproject.vic.gov.au



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CHAMPIONS ARE MADE, NOT BORN

Football Star Academy

Football Star Academy will be offering a School Holiday Program during the up coming term break, to suit all ages and levels of ability. Elwood Primary School students will also receive a 25% discount when they sign up for the holiday program. You will need to quote **EPSHC25** when making your booking to receive the discount. Elwood Primary School students are also eligible for a discount when enrolling in the Term 4 program at EPS. Please quote **EPS20** when completing your application.

For more info or to contact Football Star Academy, please see flyers.

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 info.football@sportstaracademy.com

CHAMPIONS ARE MADE, NOT BORN

#ActiveForLifeSSA

Register for **ELITE PLAYER HOLIDAY CAMPS** and your child could **WIN** an all expenses paid spot in the **FSA ALL-STAR EUROPEAN TRIP**



Family Youth and Children 2018 Parenting Information Session

From Anxiety to Resilience - Dr Jodi Richardson

Anxiety is currently taking a heavy toll on Australian children and young people. It's now the leading cause of ill health in girls from four to 18 and beyond. And boys aren't faring much better either. Fortunately, parents are well-placed to pass on the skills and tools kids need to manage their anxiousness and develop lasting resilience.

This presentation will help parents to recognise and understand anxiety, how it impacts on learning and happiness and learn practical steps to lessen its impact on a child's and family's life.

In this presentation you'll learn:

- What's behind the current epidemic of childhood anxiety
- The parenting style that's best suited to supporting young people when they are anxious
- Key lifestyle factors that will minimise anxiety
- How to respond rather than react emotionally when kids become anxious
- Key tools to teach children and young people so that they can regulate their own anxious states
- A practical definition of resilience that puts parents at ease and supports children and young people to thrive

Date: Wednesday 31st October 2018
Time: 6 pm to 8 pm
Venue: South Melbourne Town Hall
208 - 220 Bank Street, South Melbourne
Cost: \$5 (free for concession card holders)
Bookings: <https://www.trybooking.com/XTGF>

Please note: Child minding facilities are not available. We request that children do not attend to ensure that all parents can fully engage in the session.



Dr Jodi Richardson is a mental health, wellbeing and happiness science speaker and educator. She's dedicated to helping parents and teachers understand anxiety in their children and students; how it makes them feel (and why), and how to respond in ways that empower anxious kids with the insights and skills they need to thrive.

Integral to Jodi's work is helping parents and teachers to nurture resilient, relaxed, playful kids who develop lifelong habits of happiness and flourishing mental health. Jodi has developed her expertise over two decades of professional work in teaching, wellbeing, clinical practice and elite sport; including working for beyondblue on the national schools-based initiative for the prevention of depression.