

Leafy green salad with honey and lemon dressing

- Lettuce
- 4 carrots
- 1 capsicum
- 1/3 red cabbage
- 1 continental cucumber
- Few spring onions
- 3 stalks celery
- 3 part olive oil
- 1 part lemon juice
- Salt
- Pepper
- 3 cloves garlic
- 1 tsp honey

1. Wash all lettuce thoroughly then spin in lettuce spinner. Roughly chop salad leaves and place in a large salad bowl.
2. Wash carrots and cabbage and chop into long strips. Add to bowl.
3. Wash cucumber, celery, capsicums and spring onions and chop into small chunks, then add to bowl.
4. Peel garlic cloves then place into mortar, with pestle crush garlic into a paste. Place garlic paste, lemon juice, honey, salt and pepper into a jar with lid and mix well.

5. Dress *salad* just before serving.